

## CLAIMS

We claim:

1       A composition useful in relieving withdrawal symptoms and acute and  
2       later craving in a nicotine dependent/habituated person who is abstaining from  
3       or reducing nicotine intake, comprising:

4       an herb or an herbal extract providing one or more naturally occurring  
5       nicotine agonists, one of the nicotine agonists potentially being anabasine in an  
6       amount of at least about 0.1 (one tenth of one percent) weight percent of the  
7       herb or herbal extract, or 0.2 mg of anabasine or more per dose, the herb or  
8       herbal extract having from about 0 weight percent nicotine to a trace amount  
9       (unless explicitly formulated as a combination of nicotine in some explicit  
10      quantity complexed with the herbal component as described herein); and

11       a carrier formulated for oral mucosal absorption (e.g., chewing gums,  
12       sucking candies, syrups, oral films, intra-oral sprays, sub-lingual liquids, oral fast  
13       dissolving tablets for sub-lingual dispersion, micro-emulsions, sublingual buccal  
14       effervescents, trans-mucosal delivery systems, lozenge formulations, and the  
15       like) of the active principles contained in the herb or herbal extract.

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